

Permission Agreement

In consideration of being permitted to take part in the activity set forth herein, I expressly agree as follows: I hereby acknowledge that the activity set forth herein contains dangers and risks, and may result in injury to the participant. I hereby assume all risks of personal injury or death and property damages from all cause whatsoever arising while my child or I are participating in such activity. I, or my child are in good health and are physically able to participate in said activity. I agree to waive and release Gardens Sports LTD, and The Gardens Ice House and their officers, employees and agents, servants and all representatives and sponsors from injury I or my child may sustain, or any damage that may be caused by the use of equipment I may rent or borrow from The Gardens Ice House. I also authorize & consent to any emergency services, x-ray examinations, medical diagnosis or treatment and hospital care to be rendered to myself or my child under the general or special supervision and on the advice of any physician licensed to practice medicine in the State of Maryland. Participants may be photographed and such photographs may be used to publicize activities.

Parent's/Guardian Signature Date

Camper's signature Date

www.thegardensicehouse.com

The Gardens Ice House
13800 Old Gunpowder Road
Laurel MD 20707

Phone: 301-953-0100 or
410-792-4947

Ext: 102 or 113

Fax: 301-490-3667

E-mail:

www.thegardensicehouse.com

Learn to Skate Summer Camp

at
The Gardens Ice House

Presented by the
Chesapeake Skating
School
&
Gardens Sports Limited

For Girls and Boys
Ages 5-15

Weeks offered:
July 26-30
&
August 16-20





The Basic Skills program was developed by U.S. Figure Skating, which is the governing body of ice skating in the United States. U.S. Figure Skating is a member of the International Skating Union (ISU) and a member of the United States Olympic Committee.

The Gardens Sports US Figure Skating Learn to Skate Program, taught by The Chesapeake Skating School, has been formed to provide and fun, safe atmosphere for all students (ages 3 and above) to learn how to ice skate. The Tot and Basic 1-6 levels are geared towards the fundamentals of skating and develops the skills that are necessary for recreational, figure, ice hockey and speed skating. The Basic 7, Basic 8, and Freestyle levels develop the skills necessary for advancement into figure skating.

Weekly Package includes:

- Skating Classes • Ice time
- Free Skate Rental • Swimming
 - Stretching/workout
- Movie time • Recreation
- Games and Friday Exhibition

The camp offers more than 2.5 hrs of ice time with 1 hour of on ice instruction daily.

Cost: \$250/week

Week of July 26-30

Camp Hours: 9:00am - 4:00 pm

Before and After Care:

8:30-9:00 am \$25/week

4:00-5:30 pm \$30/week

SPACE IS LIMITED- Register early

You may register at The Gardens Ice House guest services desk or download the registration and medical forms from our website. www.thegardensicehouse.com

Helpful Hints

- We recommend that you dress warmly, and in layers. Always wear gloves or mittens. (even in the summer)
- Helmets are not provided but we do require them for beginner skaters and students ages 6 and younger. Bicycle helmets are fine.
- Ice skates should fit snugly. You should be able to wiggle your toes slightly. Always wear thin socks for a more accurate fit. Skates should be ONE SIZE SMALLER than the shoe size of the skater.
- Hockey classes DO NOT require additional equipment. We do recommend hockey gloves and a helmet (bike helmet is fine) for our beginners.
- If you plan on purchasing skates for your child, please consult one of our professionals to help you choose the most appropriate skate for the level.