



Fall/Winter 2026- 2027 Adult Hockey League Information

League Description

The Gardens Ice House Adult Hockey League is a team enrollment league. Captains are responsible for recruitment and maintenance of their rosters. The team as a whole is responsible for the collection or reimbursement of all League fees.

League Rules & Procedures can be found here- [League Rules and Procedures](#)

Highlighted Rules

A) Suspensions/Match Penalty Hearing

Match Penalty Hearing (As of Fall/Winter 2023-2024)

If a player receives a Match penalty and avoids or fails to respond to the PVAHA'S request for a hearing in an attempt to avoid suspension, the league will not allow the player to return to game play and the player will remain suspended indefinitely until a hearing has been held.

If the PVAHA fails to contact the player within 30 days of the Match Penalty , the league will allow the player to return to game play after the 30 days has expired until such time a hearing has been held and a suspension has been determined, at which time the player will be suspended to serve the suspension. As USA Hockey Rule States

"If **extenuating circumstances** prevent the **proper authorities** from conducting the hearing within the 30-day period, the **player** or **Team Official** shall be automatically reinstated after the

30-day period. The failure to offer the hearing shall not prohibit the hearing body from conducting the hearing after the 30-day period and imposing further disciplinary action.”

Avoiding or Failing to respond to PVAHA's Request for hearing is not considered an Extenuating Circumstance.

B) Captains Ringer Suspension Rule (as of Summer 2023)

The League will be implementing a Captains Suspension of two (2) games for any Bronze captain who has been caught with a " Ringer Player" on their teams roster that requires the league to remove the player.

- Player will be removed by the league, any fees paid by the player will be up to the teams captain to reimburse the player
- Captain will be suspended for 2 games. Same number of games as being caught allowing an illegal player.

What Constitutes a Player who does not belong-

Bronze 2- (will be assessed on a case by case basis)

1. Player who is currently playing Gold, Silver Upper or Middle or who has played silver within the last 2 years and/or does not have league approval.
2. Player who is listed on Elite Prospect and played College Division II hockey or higher

Bronze 3-

1. Any player who is listed on Elite Prospect and or played any college hockey
2. Any player who has played Junior, Midget AA, prep school or Varsity Highschool Hockey
3. Any Player currently playing Gold, Silver Upper or Silver Middle Hockey or who has played within the last 2 years and/or does not have league approval.

Bronze 4 (updated 1/6/26)

1. Any player who has played Youth Club Hockey Past Bantam within the past 10 years
2. Junior, Midget AA, prep school or Varsity High School Hockey and College Hockey
3. Any player who is listed on Elite Prospect
4. Any Player who is currently playing on ANY level Gold or Silver Team
5. Any Player who has ever played on Any level Gold or Silver Team
6. Any Player that is registered Bronze 2 (without league approval) or Bronze 1.

Exemptions can be made if:

1. If the captain recruited a player that had no history the captain could research and the captain self reports the player to the league prior to the league taking action to remove the player from the league
2. Player has pre approval to play in the division (pre approved players would be either a Player that is a true Bronze player that wants to play up or a player who is coming back from a serious injury)

General League Information

I. Critical Dates

Pre Season captains Meeting: July 30@ 7:00pm Via Google Meet.
Start Date: Tentatively **September 9, 2026** and runs for 20 regular season games + Single Elimination Playoff
Wait List Tryout-: TBD
Roster Freeze: **Oct 30, 2026**

II. League Cost

Team Fee*

\$9,800.00 if team registers before August 15th and Captain pays the full fee(in 1 lump payment, no discount with installment plan)

\$10,000.00 if team registers before August 15th and Captain allocates the team fee to players

\$9,975.00 if the team registers after August 15th and Captain pays the full fee (in 1 lump payment, no discount with installment plan).

\$10,175.00 if team registers after August 15th and Captain allocates the team fee to players

*** Please note : The team allows up to 30 rostered players, once a team reaches 30 rostered players (Captain + 29) The Team fee will increase by \$50 for each player above the 30th.**

Registration will open on **July 24, 2026**

Please note: the end of the discount period is **August 15th**

Payment Information

- a. Captain only pays deposit (\$500 non refundable deposit):
 - i. No installment on the \$500 deposit
- b. Captain Pays Full Fee: Can pay using an installment plan
 - i. 1 Payment when registers- TODAY
 - ii. 1 Payment 1st of next month-
 - iii. 1 payment 1st of next month-
 - iv. **Or**
 - v. Captain Pays Full Fee: In One lump payment
- c. Player Payments: Amounts per installment will vary depending on the team, up to three installments (depending on when the player registers)
 - i. 1 Payment when registers- TODAY
 - ii. 1 Payment 1st of next month-
 - iii. 1 payment 1st of next month-
- d. Bag Tags will be available to purchase for an additional \$5.00
- e. Payments are done solely online through MyLeagueHero , MyLeagueHero Accepts all Major Credit Cards : Visa, Mastercard, Discover, American Express
- f. Full Team & player payments are due at registration unless utilizing the payment plan
- g. Please Note: Failure to meet the payment date can result in forfeited games until the balance is paid

Season Includes

- h. 21 Game season (20 Regular season games + Single elimination playoff)
- i. **Please note:** The Gardens Ice House reserves the right to re-schedule, cancel and/or amend the season due to unforeseen circumstances affecting the facility including, but not limited to, reasons due to a riot, war, invasion, acts of terrorism, civil war, earthquake, flood, fire or other physical natural disaster, order of any federal, state, or local government, or any other cause outside the control of The Gardens Ice House. The decision whether to re-schedule, cancel and/or amend a season as well as whether participants shall be provided refunds in the event that a season cannot be completed shall be in The Gardens Ice House's sole discretion.

III. Registration Information

- a. [Registration Link](#)
- b. Captains use this link to Register the team - Select "Team" option
 - i. Players (already recruited to a team) use this link to register yourself onto your team roster -Select " Player" option
 - ii. Sub Goalies (not registered on any team)- Select " Free Agent" option
- c. Captains- Before you start the registration, please have:
 - i. A MyLeagueHero account (sign up and verify email if you don't have one).
 - ii. Your legal name, date of birth and 2026-2027USA Hockey Number
 - iii. Your preferred team name and division.
 - iv. A card ready to pay a deposit, installments, or the full team fee today.
 - v. Know the Player Fees- you want to assign for each player role (Full Season, Half Season, Sub, Goalie) this tells system what each roster role owes when players register or accept invites **and/or**
 - vi. Know approximately how many players for each role (full season, half season , sub or goalie)you are expecting to register for your team
 - vii. Captains Registration Guide- [Captain's Registration Guide — My League Hero](#)
- d. Players-Before you start the registration, please have:
 - i. A My League Hero account (sign up and verify email if you don't have one).
 - ii. Your legal name, date of birth and 2026-2027 USA Hockey Number
 - iii. Know your team's Division and Team Name
 - iv. Have a credit card ready to pay your fee.

IV. Individual Players Looking to join a team

Individual players are welcome to join the League via the Player Wait List, from which our Captains can recruit. Individuals interested in joining the League should email Nikki Goldschmitt (nikkig@thegardensicehouse.com)for more information.

V. Deadlines

- . Teams must be Registered by **August 28, 2026**

- All players (including subs) must be registered by **October 30, 2026**
- Players need to register online prior to arriving at the rink for their first game.

VI. USA Hockey:

- All players must register as a Player/Coach with USA Hockey for the **2026 - 2027 hockey season**
 - a. Registering as an Official does not cover you as a player. Officials must also register with USA Hockey as a Player/Coach
- MyleagueHero will verify the player's USA Hockey Number during the registration process.
 - a. Players Names and Date of Birth Must Match what is in USA Hockey. Players must use their legal names when registering, if the name or dob does not match what is on file with USA Hockey the registration will be rejected. (Players who go by nicknames can add a display name on their profile page after they login.)
 - b. For players registering with USA Hockey there is a 10-15 minute window before the number can be verified. Do not wait until the last minute to register, give yourself enough time to complete both registrations.

VII. Divisions

- a. The League will place the team according to their competitiveness during the seeding round. Team placements will be mandatory.
- b. The League strives to maintain division parity. If a player is registered in a division and is found to be a player of higher abilities, the League reserves the right to remove the player from the roster and provide any and all assistance with finding that player a team at a more appropriate level.
- c. Gold: Gold Division teams are comprised primarily of Elite level players. Team members are former professional (any level and Europe), NCAA, Major Junior, or Junior A. Slap slots allowed, no checking
- d. Silver: Silver Division teams are comprised primarily of intermediate to advanced level players. Team members may have played no higher than the following levels: Junior B, Non-Varsity College, Midget AAA, Prep Schools or Varsity High School. Slap shots allowed, no checking.
- e. Bronze: Bronze Division teams are comprised primarily of less experienced recreational level players. Team members may have played some organized youth hockey up to the Bantam level. Slap shots allowed, no checking
 - i. Any rostered player who plays on a Silver Middle team or above may not play on a Bronze 1-3 team without prior approval from the league. The Captain of the Bronze team must submit a letter in writing as to why the player should be allowed to play Bronze.
 - ii. **Bronze 4 (A and B):**
 - Bronze 4A and 4B players will be bound by certain rules, which all captains and players must abide by to be eligible to play for Bronze 4.
 - Bronze 4 rostered players should only consist of players with no youth/high school or college level experience. Under no

circumstances should players with this experience be playing Bronze 4. Players with any experience will be removed from Bronze 4. No exceptions.

- **Bronze 4A will be restricted to players that are Bronze 3A and lower. Any player who plays Bronze 2 is not eligible to play Bronze 4 without an exemption from the league, regardless of their playing status or past history.**
- **Bronze 4B Division will be restricted to only players in Bronze 4 or 3B, players may not play higher than Bronze 3B.**

- f. Women's League: This part of our League is designed for women who are currently active in hockey or interested in getting into the game. Full range of talent levels welcome. Slap shots allowed, no checking.
- Individual registrations only.
 - Women's League Evaluations are performed, each lady is required to attend at least one evaluation session and will then be drafted onto team at the end of evaluations.
 - Interested players should contact Emily Summers (tgihwomensleague@gmail.com)
- g. 50+ (Old Salt Division)
- . For Players that are 50 years or older.
 - a. Teams are permitted to have no more than two (2) players that are as young as 48 years old.
 - . To play as a goalie in the 50+ division a goalie must be at least 40 years old.
 - a. In regards to sub goalies, teams should be looking for goalies 40 and over as well, however if they can not find one they may ask the other captains in their division for approval to use a specific goalie who is younger than 40 if they are unable to find a goalie.

VIII. Refund Policy

- a. Individual player refunds are **not** provided by the League. Since each player is paying a portion of a team fee assigned by their Captain, refunds are an internal matter to be handled within each team
- b. Team Overpayment Refund: If a team overpays their League fee, a refund will be issued back to the Captain after the roster freeze date via check. The Captain will then be responsible for distributing the fees back to his/her players as they see fit.

- c. NO REFUNDS for forfeited games. The league does not refund teams when opponents forfeit scheduled games.
- d. **Please note:** The Gardens Ice House reserves the right to re-schedule, cancel and/or amend the season due to unforeseen circumstances affecting the facility including, but not limited to, reasons due to a riot, war, invasion, acts of terrorism, civil war, earthquake, flood, fire or other physical natural disaster, order of any federal, state, or local government, or any other cause outside the control of The Gardens Ice House. The decision whether to re-schedule, cancel and/or amend a season as well as whether participants shall be provided refunds in the event that a season cannot be completed shall be in The Gardens Ice House's sole discretion.

IX. Roster and Roster Freeze

- a. The team fee allows up to 30 rostered players, once a team reaches 30 rostered players (Captain + 29) The Team fee will increase by \$50 for each player above the 30th.
- b. Please Note: USA Hockey Limits the number of players on the Bench to 18 skaters and 2 goalies per game.
- c. All players must be registered on their teams by the roster freeze date of October 30, 2026
- d. Once rosters are frozen, the only way a team can add a player to their roster is if they are doing a player trade, regardless of whether the team has 30 players on their roster or not.
- e. Player Trades: In the event a team needs to permanently replace a player due to injury or relocation after the Roster Freeze date, teams can do a player trade to replace the player. The player being added will be required to pay a \$50 player add-on fee . It will be a one-for-one trade. Minimum game requirements for playoff eligibility still apply.

X. Game Attendance

Player Check in

- a. All players must check in and present a photo ID. Player ID checks will be done from the start of the season until the roster freeze date of October 30, 2026 as well as during playoffs.
 - The league is aware that some players prefer to go by nicknames, however, the name on your drivers license should match the name provided to USA Hockey and your name in MyLeagueHero.
 - If the names do not match the league reserves the right to ask for additional identification or deny service.
 - Players can add a display name on their profile page.
- b. Failure to provide a photo ID could result in not being permitted to play in the game.
- c. All players are required to have a unique number on their jersey. Duplicate jersey numbers for jerseys without a number are not permitted.
- d. If a player does not have a permanent jersey yet or forgets their jersey, they can use either another jersey. It should not have a duplicate jersey number on it regardless of whether the other player is present

- e. In order to get credit for playing in a game a player must actually be fully dressed in their hockey gear and actually take to the ice. Players must make every effort to participate in the game. (Example: Skating in the full 3 minute warmup or playing at least one full shift will count as game participation)
- f. Checking in for a game and then not showing up, Hoping on the ice and immediately hopping off or standing on the bench in a coaching capacity does not count towards the games played requirements for playoffs.
- g. Any illegal attempt to manipulate the game attendance will be penalized.

Captain Responsibility

- a. Captains are responsible for ensuring their players are correctly checked in for every game, all season long. (During the ID Check period and when the Id Checks are done)
- b. After the game captains are to review the paper scoresheet and verify the players in attendance are checked in and sign the scoresheet
 - i. If there are any adjustments to be made, alert the scorekeeper so that the scorekeeper can make the correction.
 - ii. Captains should not make any other marks on the scoresheet aside from signing.
 - iii. Any illegal attempt to manipulate the game attendance will be penalized.
- c. The Captain has 48 hours after the game ends to review the scoresheet on MyLeagueHero and submit any corrections. This includes Goals, Assists, attendance, **NO changes will be made to attendance unless what was on the signed paper scoresheet got missed.**

Playoff Eligibility

- a. All players must play in a minimum of **7** games to be eligible to play in the playoffs , (except for the Gold Division 5 games)
- b. Please remember: Players will be required to present a photo ID to check in for playoff games. If the player is unable to check in at the front desk, the player must present their photo ID to the scorekeeper. If a player does not present a photo ID, s/he will not be allowed to play in the playoff game.
- c. There is no minimum game requirement for a registered goalie to play in the playoffs. However, they may only play in Goal, they may not play out.
 - i. ****For rostered goalies that also skate out, in order to be eligible to skate out during the playoffs, they must play in the minimum number of required regular season games (7 games- fall/winter, 5 games- spring/summer) out of net to be eligible to skate out during the playoffs****
- d. Non-Rostered sub goalies (aka Free Agents) may NOT participate in the playoffs

XI. Team Practices

- a. Team practices can be arranged in the form of a private pick-up session
- b. Cost is a rate of **\$275 + 10% entertainment tax**. This cost covers up to 40 players.
- c. Fee is due at the time of the reservation.
- d. Please note: practices are offered on extra available ice time, so practice lengths will vary.

Thank you for being a member of The Gardens Ice House Adult Hockey League, one of USA Hockey's largest adult hockey programs! -League Management