

## **Greg Maddalone**



Greg is the middle child of 13 and was introduced to skating at the age of 7 via a Learn to Skate flier that was shared with his mother. Developing the skating skills to progress within the sport comes to everyone on their own pace. For Greg it was 5 years before he decided to get serious about skating. At the age of 16, Greg decided to seriously pursue a competitive career, which required him to move from his home in New York without a family support system to Newark, Delaware where he trained for 6 years before he decided to retire from the competitive sport.

During this time he won 3 national medals and was named to the U.S. International Team for 3 years in a row, representing the United States on the international circuit. Upon his retirement, Greg entered the coaching profession. During his career he has had students compete on the National and International levels.

Some of his coaching career highlights include a National Championship in the Novice Division and an International Medal on the ISU Junior Grand Prix circuit. Additionally, he had students compete at the U.S. National Championships for 8 years. In August of 2017, Greg assumed the role of Director of Learn to Skate and Program Development. He was promoted to Skating Director for The Gardens Ice House in August of 2018 where he continues to promote skating as a passion that everyone can find joy in.

## **Lauren Carrig**



Lauren Carrig has been skating since she was 4 years old. She was introduced to skating through her older sister, who had fallen in love with the sport after her mother signed her up for Learn to Skate lessons to prepare her for an upcoming birthday party. Lauren grew up in Baltimore skating at Northwest Ice Rink in Mt. Washington.

As she became a more competitive skater and ice dancer, I was able to travel to competitions across the U.S., including Lake Placid, Colorado Springs Solo Dance Nationals, and The Gardens Ice House, to name a few. Lauren went on to become president of The Towson University Figure Skating Club and competed as a team.

Lauren is thrilled to be able to teach and pass on the joy of skating that she has been able to receive throughout her life. She still considers her coaches to be secondary parents and is honored to have the opportunity to be that for some of her students one day.