



Spring/Summer 2026 Adult Hockey League Information

1. General League Information

a. League Description

- i.** The Gardens Ice House Adult Hockey League is a team enrollment league. Captains are responsible for recruitment and maintenance of their rosters. The team as a whole is responsible for the collection or reimbursement of all League fees.

b. Rules & procedures

- i.** Rules have been updated as of **Aug 2, 2023**
 - 1.** Suspensions/Match Penalty Hearing

Match Penalty Hearing- (as of Fall 2023-2024)

If a player receives a Match penalty and avoids or fails to respond to the PVAHA'S request for a hearing in an attempt to avoid suspension, the league will not allow the player to return to game play and the player will remain as suspended indefinitely until a hearing has been held.

If the PVAHA fails to contact the player within 30 days of the Match Penalty , the league will allow the player to return to game play after the 30 days has expired until such time a hearing has been held and a suspension has been determined, at which time the player will be suspended to serve the suspension.

As USA Hockey Rule States

"If extenuating circumstances prevent the [proper authorities](#) from conducting the hearing within the 30-day period, the [player](#) or [Team Official](#) shall be automatically reinstated after the 30-day period. The failure to offer the hearing shall not prohibit the hearing body from conducting the hearing after the 30-day period and imposing further disciplinary action."

Avoiding or Failing to respond to PVAHA's Request for hearing is not considered an Extenuating Circumstance.

2. Captains Ringer Suspension Rule (Implemented as of Summer 2023)

- ii. Please be sure to read the League Rules and Procedures. They can be found [here](#).

c. Important Links

- i. [Manage Account](#): this link can be used to manage your individual or team account (check team financials, make payments and view registrations and invoices).
- ii. Captain Registration: this link can be used by captains to register their team.
- iii. Player Registration: this link can be used by players to register on their team.
 1. Please note that once a team reaches 30 players (Captain + 29) the team will no longer show up as an option to register. Additional players will have to register using the 30+ Player Registration and pay a \$50 administrative fee which does NOT apply towards the team fee.

d. Individual Players

- i. Individual players are welcome to join the League via the Player Wait List, from which our Captains can recruit. Individuals interested in joining the League should email Nikki Goldschmitt (nikkig@thegardensicehouse.com)for more information.

2. Critical Dates

- a. Pre Season captains Meeting: Friday March 13 @ 7:30pm
- b. Player waiting list Tryout- Tentatively April 6@ 8:20pm
- c. Start Date: Early/Mid April, Exact date TBD and runs for 14 regular season games + Single Elimination Playoff
- d. Roster Freeze: **June 1, 2026**

3. League Cost

a. Team Cost

- i. **\$7350** per team

- ii. **\$7150** per team if the captain pays the full team fee in **one lump payment** (**\$200 Discount will not be applied at Checkout, but will be refunded back after the registration is completed**)
(No discount with use of the installment plan)
- iii. \$400.00 Non Refundable Deposit is due upon registration.

b. Payment Information

- i. If Captain only pays deposit:
 - 1. Captain will need to know how much they are charging their full-time players, half-time players, goalies and subs
 - 2. Additional fees may have to be assigned to and paid by players at a later date if the captain assigns his players additional fees
 - 3. Captains will have the ability to see who has paid and adjust the fees assigned to players if needed. Once the players have registered, their names and amount paid will appear in the "Manage Account- Distribute Payments" section on Pointstreak.
- ii. Installment plan available online:
 - 1. Captains: Deposit @ registration, Installment 2- MAY 1, Installment 3 -June 1
 - a. Exact installment amounts will be shown at the time of checkout.
 - b. No Pay in full discount with use of the installment plan.
 - C. No installment on the \$400 deposit
 - 2. Players: Amounts per installment will vary depending on team.
 - a. first payment at time of Registration, 2nd installment- May 1 and final installment- June 1
 - b. Exact installment amounts will be shown at the time of checkout
- iii. Full Team & player payments are due at registration unless utilizing the payment plan
- iv. Please Note: Failure to meet the payment date can result in forfeited games until the balance is paid

c. Season Includes

- i. 15 Game season (14 Regular season games + Single elimination playoff)
- ii. **Please note:** The Gardens Ice House reserves the right to re-schedule, cancel and/or amend the season due to unforeseen circumstances affecting the facility including, but not limited to, reasons due to a riot, war, invasion, acts of terrorism, civil war, earthquake, flood, fire or other physical natural disaster, order of any federal, state, or local government, or any other cause outside the control of The Gardens Ice House. The decision whether to re-schedule, cancel and/or amend

a season as well as whether participants shall be provided refunds in the event that a season cannot be completed shall be in The Gardens Ice House's sole discretion.

4. Registration

a. Information

i. Deadlines:

1. Teams must be Registered by **March 27, 2026**
2. All players (including subs) must be registered by **June 1, 2026**
3. Registration is done Online Only, no in person registration.
Players need to register online prior to arriving at the rink for their first game.

ii. USA Hockey:

1. All players must register as a Player/Coach with USA Hockey for the 2025-2026 Hockey Season (or the 2026-2027 hockey season once those numbers go on sale in April)
2. Registering as an Official does not cover you as a player.
Officials must also register with USA Hockey as a Player/Coach

b. Divisions

- i. The League will place the team according to their competitiveness during the seeding round. Team placements will be mandatory.
- ii. The League strives to maintain division parity. If a player is registered in a division and is found to be a player of higher abilities, the League reserves the right to remove the player from the roster and provide any and all assistance with finding that player a team at a more appropriate level.
- iii. Gold: Gold Division teams are comprised primarily of Elite level players. Team members are former professional (any level and Europe), NCAA, Major Junior, or Junior A. Slap shots allowed, no checking
- iv. Silver: Silver Division teams are comprised primarily of intermediate to advanced level players. Team members may have played no higher than the following levels: Junior B, Non-Varsity College, Midget AAA, Prep Schools or Varsity High School. Slap shots allowed, no checking.

5. Bronze: Bronze Division teams are comprised primarily of less experienced recreational level players. Team members may have played some organized youth hockey up to the Bantam level. Slap shots allowed, no checking
 - a. Any rostered player who plays on a Silver Middle team or above may not play on a Bronze 1-3 team without prior approval from the league. The Captain of the Bronze team must submit a letter in writing as to why the player should be allowed to play Bronze.

b. Bronze 4 (A and B):

- i. Bronze 4A and 4B players will be bound by certain rules, which all captains and players must abide by to be eligible to play for Bronze 4.

- ii. Bronze 4 rostered players should only consist of players with no youth/high school or college level experience. Under no circumstances should players with this experience be playing Bronze 4. Players with any experience will be removed from Bronze 4. No exceptions.
- iii. **Bronze 4A will be restricted to players that are Bronze 3A and lower. Any player who plays Bronze 2 is not eligible to play Bronze 4 without an exemption from the league, regardless of their playing status or past history.**
- iv. **Bronze 4B Division will be restricted to only players in Bronze 4 or 3B, players may not play higher than Bronze 3B.**

***New Rule: * Captain Ringer Suspension (as of Summer 2023)**

The League will be implementing a Captains Suspension of two (2) games for any Bronze captain who has been caught with a " Ringer Player" on their teams roster that requires the league to remove the player.

- Player will be removed by the league, any fees paid by the player will be up to the teams captain to reimburse the player
- Captain will be suspended for 2 games. Same number of games as being caught allowing an illegal player.

What Constitutes a Player who does not belong-

Bronze 2- (will be assessed on a case by case basis)

1. Player who is currently playing Gold, Silver Upper or Middle or who has played silver within the last 2 years and/or does not have league approval.
2. Player who is listed on Elite Prospect and played College Division II hockey or higher

Bronze 3-

1. Any player who is listed on Elite Prospect and or played any college hockey
2. Any player who has played Junior, Midget AA, prep school or Varsity Highschool Hockey
3. Any Player currently playing Gold, Silver Upper or Silver Middle Hockey or who has played within the last 2 years and/or does not have league approval.

Bronze 4 (updated 1/6/26)

1. Any player who has played Youth Club Hockey Past Bantam within the past 10 years
2. Junior, Midget AA, prep school or Varsity High School Hockey and College Hockey
3. Any player who is listed on Elite Prospect
4. Any Player who is currently playing on ANY level Gold or Silver Team

5. Any Player who has ever played on Any level Gold or Silver Team
6. Any Player that is registered Bronze 2 (without league approval) or Bronze 1.

Exemptions can be made if:

1. If the captain recruited a player that had no history the captain could research and the captain self reports the player to the league prior to the league taking action to remove the player from the league
2. Player has pre approval to play in the division (pre approved players would be either a Player that is a true Bronze player that wants to play up or a player who is coming back from a serious injury)

V. Women's League: This part of our League is designed for women who are currently active in hockey or interested in getting into the game. Full range of talent levels welcome. Slap shots allowed, no checking.

1. Individual registrations only.
2. Women's League Evaluations are performed, each lady is required to attend at least one evaluation session and will then be drafted onto team at the end of evaluations.
3. Please visit the women's league page of the adult league website for information on League Fees and Evaluation dates.
4. Interested players should contact Emily Summers (tgihwomensleague@gmail.com)

c. Refund Policy

- i. **Individual player refunds are not provided by the League.** Since each player is paying a portion of a team fee assigned by their Captain, refunds are an internal matter to be handled within each team
- ii. **Team Overpayment Refund:** If a team overpays their League fee, a refund will be issued back to the Captain after the roster freeze date. The Captain will then be responsible for distributing the fees back to his/her players as they see fit.
- iii. **NO REFUNDS for forfeited games.** The league does not refund teams when opponents forfeit scheduled games.
- iv. **Please note:** The Gardens Ice House reserves the right to re-schedule, cancel and/or amend the season due to unforeseen circumstances affecting the facility including, but not limited to, reasons due to a riot, war, invasion, acts of terrorism, civil war, earthquake, flood, fire or other physical natural disaster, order of any federal, state, or local government, or any other cause outside the control of The Gardens Ice House. The decision whether to re-schedule, cancel and/or amend a season as well as whether participants shall be provided refunds in the event that a season cannot be completed shall be in The Gardens Ice House's sole discretion.

6. Roster

a. Roster

- i. Rosters will cap at 30 players (Captain + 29 players). After the roster cap is reached, we will still allow subs to be added, but they will be required to pay a \$50 administrative fee.
 1. This administrative fee is **not applied to the team fee** and is non-Refundable
 2. All players must be registered by the roster freeze date.
- ii. Once a player registers, the only way to remove a player is complete a player trade. Players will not be removed from the roster to free up a roster spot for another player.
- iii. Please Note: USA Hockey Limits the number of players on the Bench to 18 skaters and 2 goalies per game.

b. Roster Freeze

- i. All players must be registered on their teams by the roster freeze date of **June 1, 2026**
- ii. Once rosters are frozen, the only way a team can add a player to their roster is if they are doing a player trade, regardless of whether the team has 30 players on their roster or not.
- iii. In the event a team needs to permanently replace a player due to injury or relocation after the Roster Freeze date, teams can do a player trade to replace the player. The player being added will be required to pay a \$50 player add-on fee. It will be a one-for-one trade. Minimum game requirements for playoff eligibility still apply.

7. Game Attendance

a. Player Check in

- i. All players must check in and present a photo ID. Player ID checks will be done from the start of the season until the roster freeze date of **June 1, 2026**, as well as during playoffs.
- ii. The league is aware that some players prefer to go by nicknames, however, the name on your drivers license should match the name provided to USA Hockey and your name in Poinstreak. If the names do not match the league reserves the right to ask for additional identification or deny service.
- iii. Failure to provide a photo ID could result in not being permitted to play in the game.
- iv. In order to get credit for playing in a game a player must actually be fully dressed in their hockey gear and actually take to the ice. Players must make every effort to participate in the game.
(Example: Skating in the full 3 minute warmup or playing at least one full shift will count as game participation)

- v. Checking in for a game and then not showing up, Hoping on the ice and immediately hopping off or standing on the bench in a coaching capacity does not count towards the games played requirements for playoffs.

b. Game Attendance

- i. All players are required to have a unique number on their jersey. Duplicate jersey numbers for jerseys without a number are not permitted.
- ii. If a player does not have a permanent jersey yet or forgets their jersey, they can use either another jersey or a pinnie. It should not have a duplicate jersey number on it regardless of whether the other player is present
- iii. It is the captain's responsibility to ensure all of his/her players are properly checked in. The Captain should be reviewing the paper scoresheet after every game to verify the correct players were checked in for the game. They should review the scoresheet and then sign it.
- iv. The Captain has 48 hours (2days) after the game to review the scoresheet on Pointstreak and submit any corrections. **NO changes will be made to attendance unless what was on the signed paper scoresheet got missed.**

c. Playoff Eligibility

- i. All players must play in a minimum of **5** games to be eligible to play in the playoffs ,
- ii. Please remember: Players will be required to present a photo ID to check in for playoff games. If the player is unable to check in at the front desk, the player must present their photo ID to the scorekeeper. If a player does not present a photo ID, s/he will not be allowed to play in the playoff game.
- iii. There is no minimum game requirement for a registered goalie to play in the playoffs. However, they may only play in Goal, they may not play out.
 - 1. **For rostered goalies that also skate out, in order to be eligible to skate out during the playoffs, they must play in the minimum number of required regular season games (7 games- fall/winter, 5 games- spring/summer) out of net to be eligible to skate out during the playoffs**
 - 2. Non-Rostered sub goalies may NOT participate in the playoffs

8. Team Practices

- a. Team practices can be arranged in the form of a private pick-up session
- b. Cost is a rate of **\$275 + 10% entertainment tax.** This cost covers up to 40 players.
- c. Fee is due at the time of the reservation.
- d. Please note: practices are offered on extra available ice time, so practice lengths will vary

Thank you for being a member of The Gardens Ice House Adult Hockey League, one of USA Hockey's largest adult hockey programs! -League Management