

- 1)Respect teammates and opponents. We want competitive play and effort at the highest level, without a "cutthroat win at all cost" mentality. If necessary, the Captain's Council may vote to have a player play under Dominant Player guidelines.
- 2) Be a good sport. Win and lose with class. Be courteous to all your teammates by allowing for equal playing time. This is not a league where "star" players get more ice time or call the shots.
- 3) Intent to injure, fighting, and dangerous play will not be tolerated.
- 4) Verbal abuse, including cyber bullying, will not be tolerated. No player is allowed to engage or talk to a teammate, opponent, or official in a negative, intimidating, or confrontational manner.
- 5) Sexual harassment will not be tolerated.
- 6) No player can approach or argue with a referee during a game. Only a team captain can approach a referee during a stoppage of play to ask a question or ask for an explanation.
- 7) Respect the facility that hosts us! Respect their employees and the rink rules.
- 8) Communicate to your captain, in advance of game day, whether or not you will be playing. We know things change, but keep your captain informed so you don't put your team in a bind.
- 9) Captains: Players who are not part of our league cannot sub unless the League Commissioner has approved them and the opposing captain is in agreement. In some situations, eligibility may require a vote by the Captain's Council. Captains repeatedly using unapproved or inappropriate subs or who otherwise work to stack their teams may be asked to step down by the Captain's Council or League Commissioner.
- 10) At the request of the Women's League Commissioner, and with support of the Captain's Council, Management of the Gardens Ice House reserves the right to suspend, put on probation, and/or expel/ban any player who violates, including but not limited to, reasons noted above, and/or does not follow: USA Hockey rules and Rules specific to the Adult league but not listed above. In the event a suspension or expulsion is being considered, negative or hostile social media posts regarding other players or the rink may be taken into consideration.

11) Players are not subject to any refund due to injury or any disciplinary action.